



Red Flag / Green Flag

Young Kids (Under 10)



How to Play: Read from the prompts below (or add your own!) and decide: Does that seem like a red flag or a green flag?

2+
Players

Hold up:

- **GREEN FLAG** if it seems safe or reassuring.
- **RED FLAG** if it seems unsafe or worth stopping to check.
- **BOTH FLAGS** if you'd need more information to know.

Then talk about what you noticed and what you might do next. Move on to the next prompt once everyone reaches agreement.

You'll Need: Red and green notecards to use as "flags" (or color some pieces of paper red and green).

Is this a **RED** or **GREEN** flag?

- Candy in an unlabeled bag
- Medicine with your name on the label
- A colorful drink you've never seen before
- A pill lying on the floor
- A grown-up checking the label before giving you medicine
- A snack someone tells you to keep secret
- A friend offering you medicine from their backpack
- A drink that looks like juice but has words you don't recognize on the can
- Someone telling you to ask your parent before trying something new
- A friend saying, "Don't tell anyone"
- Medicine sitting out on the kitchen table
- A friend feeling sick and wanting to hide it
- Someone other than your mom/dad/guardian giving you medicine

Keep the conversation going:

- What about this caught your attention?
- What would you want to know before deciding whether it's a green flag or red flag?
- Could this sign ever change from green to red depending on the situation?
- What would you do if you noticed this in real life?



Red Flag / Green Flag

Tweens (10-13)



How to Play: Read from the prompts below (or add your own!) and decide: Does that seem like a red flag or a green flag?

2+
Players

Hold up:

- **GREEN FLAG** if it seems safe or reassuring.
- **RED FLAG** if it seems unsafe or worth stopping to check.
- **BOTH FLAGS** if you'd need more information to know.

Then talk about what you noticed and what you might do next. Move on to the next prompt once everyone reaches agreement.

You'll Need: Red and green notecards to use as "flags" (or color some pieces of paper red and green).

Is this a **RED** or **GREEN** flag?

- A vape that looks like a highlighter or another everyday object
- A pill that isn't in its original bottle
- Alcohol poured into a different container
- Someone saying, "Everybody does it"
- A prescription bottle with someone else's name on it
- A friend respecting your answer when you say no
- Someone saying, "It's safe. I've done it before"
- A group making fun of someone for not participating
- A friend checking in when something makes you uncomfortable
- An open, unattended drink at a party or event
- A friend calling their parent to come get them from a hangout early
- Someone asking you to hide something for them
- A pill loose in someone's pocket or backpack
- A friend saying they'll leave with you if you want to go
- Someone changing their mind after agreeing to something at first
- A friend insisting that "just once" can't hurt
- Making up a code word to leave an event

Keep the conversation going:

- What about this caught your attention?
- What would you want to know before deciding whether it's a green flag or red flag?
- Could this sign ever change from green to red depending on the situation?
- What would you do if you noticed this in real life?



Red Flag / Green Flag

Teens (14+)



How to Play: Read from the prompts below (or add your own!) and decide: Does that seem like a red flag or a green flag?

2+
Players

Hold up:

- **GREEN FLAG** if it seems safe or reassuring.
- **RED FLAG** if it seems unsafe or worth stopping to check.
- **BOTH FLAGS** if you'd need more information to know.

Then talk about what you noticed and what you might do next. Move on to the next prompt once everyone reaches agreement.

You'll Need: Red and green notecards to use as "flags" (or color some pieces of paper red and green).

Is this a **RED** or **GREEN** flag?

- Pills sold loose instead of in a pharmacy bottle
- A pill that looks like a prescription medication but wasn't prescribed to you
- Someone saying they know something is safe because they tried it once
- A vape with no label or packaging
- Someone who has been drinking insisting they're fine to drive
- A drink you didn't see opened or poured
- Someone trying to convince you to say yes when you've already said no
- A friend who agrees ahead of time to leave a party with you if either of you feels uncomfortable
- Mixing alcohol with medication or another drug
- A friend breaking a promise to go to an event with you when they learn someone they don't trust will be there
- Someone becoming unusually sleepy, confused or hard to wake
- Friends discouraging someone from getting help because they're afraid of getting in trouble
- A pill offered as a way to study longer, relax or stay awake
- A plan for how you'll get home before you go out
- A friend checking what you want instead of assuming you'll join in
- A driver changing plans after they've started drinking
- A friend pouring out your drink at a party

Keep the conversation going:

- What about this caught your attention?
- What would you want to know before deciding whether it's a green flag or red flag?
- Could this sign ever change from green to red depending on the situation?
- What would you do if you noticed this in real life?